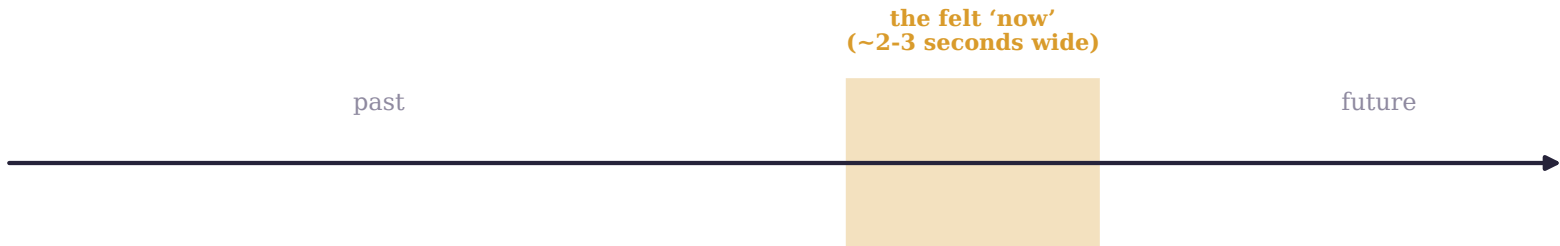
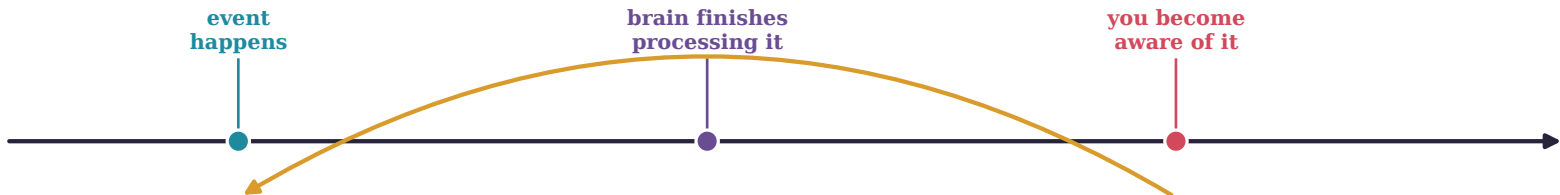


Your Brain Builds Time



The 'present moment' isn't a knife-edge instant — it's a window your brain holds open, a couple of seconds wide.



...but the brain back-dates the experience, so it FEELS like it happened just now.